



GANDRUNG

Jurnal Pengabdian Kepada Masyarakat

VOLUME 5 NOMOR 1 HALAMAN 1282-1617 FEBRUARI 2024



Diterbitkan Oleh :

**Fakultas Olahraga dan Kesehatan
UNIVERSITAS PGRI BANYUWANGI**

Jl. Ikan Tongkol No. 22 Banyuwangi

Website: <https://ejournal.unibabwi.ac.id/index.php/gandrung/index>



PENGELOLA
GANDRUNG : Jurnal Pengabdian Kepada Masyarakat

ISSN
2721-6136(Online)

GANDRUNG
Volume 5 Nomor 1 2024

GANDRUNG: Jurnal Pengabdian Kepada Masyarakat terbit dua kali setahun pada bulan Februari dan Juli berisi naskah hasil pengabdian kepada masyarakat dibidang pendidikan olahraga, kepelatihan olahraga, manajemen olahraga dan ilmu olahraga serta bidang ilmu umum

Penanggung Jawab:
Dekan Fakultas Olahraga dan Kesehatan

Redaktur:
Arya T Candra, M.Pd

Penyunting:
Jusuf Blegur, M.Pd (Universitas Kristen Artha Wacana)
I Gusti Putu Ngurah Adi Santika (IKIP PGRI Bali)
Baskoro Nugroho Putro, M.Pd (Universitas Sebelas Maret)
Henri Gunawan Pratama, M.Pd (STKIP PGRI Trenggalek)
Arfin Deri Listiandi, S.Pd., M.Pd (Universitas Jenderal Soedirman)
Fajar Hidayatullah (STKIP PGRI Bangkalan)
Didik Rilastiyo Budi, S.Pd., M.Pd (Universitas Jenderal Soedirman)
Rindha Widyaningsih, S.Fil., M.A (IAIN Purwokerto)
Dr. Ardo Okilanda (Universitas Negeri Padang)
Taufik Rahman M.Pd (STKIP PGRI Sumenep)
Reo Prasetyo Herpandika, M.Pd (Universitas Nusantara PGRI Kediri)
Rifki Arif, SE (API Banyuwangi)
Dr. Didik Purwanto (Universitas Tadulako)
Agung Dwi Darmawan M.Pd (Universitas PGRI Madiun)
Khoirul Anwar, M.Pd (STKIP PGRI Bangkalan)
Dr. Gatut Rubiono, M.T (Universitas PGRI Banyuwangi)
Gullit Tornado Taufan, M.Pd (Politeknik Negeri Jember)
Ludfi Arya Wardana (Universitas Panca Marga)
Rizki Aprilianto (Universitas Muhammadiyah Jember)

Desain Grafis:
Yafi

Sekretariat:
Ika Sukma Dewi, S.Si

Alamat Redaksi:
Fakultas Olahraga dan Kesehatan, Universitas PGRI Banyuwangi
Jalan IkanTongkol No.22 Kertosari Banyuwangi Jawa Timur

DAFTAR ISI

Optimization of Digitization-Based Ant Sugar Micro, Small and Medium Enterprises (UMKM) in Cimarias Village Hendri Darma Putra, Chandra Wijaya, Ishak Abdul Rojak, Muhammad Irfan Febrianto, Siti Maspupah, Rika Amalia	1282-1287
De-escalation of Children's Vulnerability to Sexual Violence in the School Environment of Madrasah Aliyah 40 Persatuan Islam Pamulihan Village Happy Yulia, Irpan Maulana, Tyara Oktavianti, Yusi Siti Pertiwi, Ahmad Bahrudin Doni Boro	1288-1298
Educational Literacy Movement Through The Establishment Of A Reading Corner At SMKS Nusantara Banyuwangi Nurul Yunda Nanik Purwanti, Donny Setiawan, Galih Farhanto, Puji Setyaningsih, Fahd Mukhtarsyaf	1299-1305
Functional Food Processing Application as PMT (Providing Additional Food) for BADUTA in the Program to Support the Movement to Prevent Stunting in Medan Deli District Vivi Asfianti, Denny Satria, Ahmad Hafizullah Ritonga, Ahmad Fadli, Alfi Sapitri	1306-1314
Healthy Tourism Village Education based on Sustainable Development Goals (SDGs) in Kenagarian Singkarak Regency Solok Nugroho Susanto, Windo Wiriadinata, Nuridin Widya Pranoto	1315-1321
Improving Knowledge and Skills in Implementing Experimental Methods for Teachers Lalita Melasarianti, Etin Pujihastuti, Arfin Derilistiandi, Didik Rilastiyobudi, Rindha Widyaningsih, Uki Haresyulianti, Septi Mariasari, Nur Indahsholikhati	1322-1331
Self Care Education for Adolescent Women with Health Counseling and Disminore Exercise Training in an Effort to Optimize the Intensity of Disminore Dessi Novita Sari Dessi, Sonya Nelson, Arif Fadli Muchlis	1332-1338
Motoric Game-Based Learning Model to Grow Character Values "GOROMAN" (Cooperation and Independent) Elementary School 190, Gresik District Sunanto, Pance Mariati, Muchamad Samsul Huda, Didik Purwanto	1339-1345

- Education on The Role of Financial Literacy and Development at PT. Pawnshop** 1346-1351
Herlin Munthe, Bayu Wulandari, Namira Ufrida Rahmi, Thomas Firdaus Hutahaean, Maya Sabirina Panggabean, Dianty Putri Purba, Jessi Charina Sembiring, Ribka Sari Butar-Butar
- Implementation of Long Term Athlete Development (LTAD) to Sport Coach at KONI Pariaman City** 1352-1358
Ridho Bahtra, Aldo Naza Putra
- Development of the Tourism Industry Using Branding Strategies by Competitive Multimedia in the Digital Era Based on Community Empowerment** 1359-1368
Erwin Kartinawati, Farid Fitriyadi, Erna Indriastiningsih
- Strengthening Economic Literacy to Minimize Consumptive Online Shopping Behavior among Generation Z in West Lombok Regency** 1369-1375
Fathurrahman, Muhammad Habibullah Aminy, Baiq Santi Rengganis, Slamet Mardiyanto Rahayu
- Training of "Implementasi Kurikulum Merdeka (IKM)" Through in House Training (IHT) For 21st Century Prospective Teacher Student Communities** 1376-1384
Ani Anjarwati, Ribut Prastiwi Sriwijayanti, Dzaky Isyuniandri, Putri Fatimattus Az Zahra, Uul Zahro Aulia
- Development of a Sustainable Professional Model for Sports Graduates Based on Future Problem Solving Skills to Support Individual Productivity** 1385-1392
Arief Darmawan , Sapto Adi, Moh. Fathur Rohman, Tatok Sugiarto, Zihan Novita Sari, Cahyo Nugroho Sigit, Ahadi Priyohutomo
- Competency Enhancement of Alumni Teaching Profession With Training in The Development of PBL and PJBL Learning Devices Based on Information and Communication Technology (ICT)** 1393-1400
Tatok Sugiarto, Arief Darmawan , Eko Hariyanto, Zihan Novita Sari, Ahadi Priyohutomo; Linggo Jiventino Yono Prayogo
- Socialization of The Importance of Knowing The Benefits of Investments and Financial Securities in Budisatriya Medan Vocational School** 1401-1407
Amin Hou, Ester Hervina Sihombing, Sabaruddin Chaniago, Ahmad Rivai, Nasib, Martin, Ratih Amelia, Manda Dwipayani Bhastary, Widy Hastuty HS, Ahmad Fadli
- Introduction of Fundamental Movement Skill (FMS) in Elementary School** 1408-1416
Desy Tya Maya Ningrum, Hafizah Hafizah, Decenni Amelia, Yafi Velyan Mahyudi, Eldin Maulana, Rizqia Rizqia
- Efforts to Increase Awareness of Saving Culture among Students at Budisatriya High School in Medan** 1417-1423
Nasib, Debora Tambunan, Roni Juliansyah, Emma Novirsari, Nidya Banuari, Steven Gea, Dewi Rafiah Pakpahan, Deby Siska Oktavia

Pasaribu, Tony Honkley, Hamjah Arahman

- Korfball Coach Training in Klaten Regency, Central Java** 1424-1433
Bhakti Lestari, Muhammad Kharis Fajar, Eva Ferdita Yuhantini, Resti Nurpratiwi, Afif Rusdiawan, Rizky Muhammad Sidik, Oce Wiriawan, Budi Ariyanto
- Technical Guidance for Student Creativity and Achievement Program** 1434-1450
Hamdani, Dona Fitriawan, Halini, Agung Hartoyo, Zubaidah R, Revi Lestari Pasaribu, Dian Ahmad BS, Ade Mirza, Edy Yusmin, Asep Nursangaji
- Gymnastic Sports Management Training for Physical Education Teachers in East Jakarta City** 1451-1459
Herman Chaniago, Wahyuningtyas Puspitorini, Yafi Velyan Mahyudi
- Physical Fitness Assistance and Economic Strengthening Using Light Emitting Diode Technology for Youth Forum RT 04/02 (Format) Marga Mulya Subdistrict Bekasi City** 1460-1469
Truly Wangsalegawa, Juli Candra, Suharjudin, Desy Tya Maya Ningrum, Muhammad Ziddan Ali
- Improving Literacy Skills Through The Minimum Competency Assessment (AKM) In Class V Students At SD Negeri Triwung Kidul II Probolinggo City** 1470-1479
Adella Pramesti, Azizah Tun Nafsiyah, Firda Oktaviaji, Lely Nur Fitria, Ribut Prastiwi Sriwijayanti, Vita Rahmatun Nazilah
- Counseling On Sport Massage and Use of Kinesiotaping For Athletes and Gymnastic Coaches** 1480-1486
Idah Tresnowatii, Gilang Nuari Panggraita, Mega Widya Putri, Lukman Alfari, Nurul Aqil Nahari
- Optimization of Processed Fish Management in Prigi Tourism Area Through Packaging Strategies and Product Diversification** 1487-1493
Angga Rizka Lidiawan, Sudjiono, Alma Hariyati, Risma Gesang Ayu Cahyani
- Physical Monitoring in Swimming Athletes: Leveraging Dominant Physique as a Benchmark** 1494-1508
M. Akbar Husein Allsabab, Rendhitya Prima Putra, Weda, Sugito, Puspodari, Slamet Junaidi
- Education About Correct Exercise and the Effectiveness of Measuring Pulse Rate Before, During and After Exercise** 1509-1518
Gilang Nuari Panggraita, Mega Widya Putri, Idah Tresnowati, Lukman Alfari
- Handling Sports Injuries using the PEACE Method and Nutritional Management of Athletes After Sports Injuries** 1519-1526
Mega Widya Putri, Gilang Nuari Panggraita, Lukman Alfari
- Increases the Competence of Sports Science-Based Karate Trainers in Facing the Demands of Competition Activities for FORKI Trainers in Padang Pariaman Regency** 1527-1533
Septri, Anggun Permata Sari, Hadi Pery Fajri, Sonya Nelson

- Improving Financial Management and Taxation Systems in Azzahra Bee Farm MSMEs** 1534-1543
Agus Tina, Khana Saputri, Ninta Katharina, Wirda Lilia, Jessy Safitri Sitorus
- Training on Using the Canva Digital Application for Teacher Creativity at SD Negeri 4 Jatijajar as a Teaching Aspiration** 1544-1553
Ervian Arif Muhafid, Dewi Fatmawati, Farah Nendi Nur Hilal, Hermas Novel Larasati, Sulistia Valentin Sasih, Meysin Puspa Ayu Wulandari
- Technical Guidance for Making Teaching Modules for Primary School Teachers in the Toho District** 1554-1563
Neni Mariyani, Hery Kresnadi, Dyoty Auliya Vilda Ghasya, Siti Halidjah, Kartono, Asmayani Salimi, Rio Pranata, Agung Hartoyo
- Socialization is Important to Grow Social Sense and Empathy for People in Berkat Bintang Sejati Orphanages** 1564-1570
Feby Yoana Siregar, Merry Rusida S, Devi Alvionita Alindra, Wenny, Ivana, Kiki Goslim, Herlin Munthe
- Madrasah Quality Improvement Management** 1571-1578
Sita Ratnaningsih, Maftuhah, Taufiqurrahman
- Strengthening Case and Project Methods for Improvement Competencies of Vocational Students** 1579-1590
Gatot Yuliana, Aunnurahman, Henny Herawati, Sulistyarini, Sri Maryuni, Rusdiyono, Bistari, Asriah Nurdini, Y. Touvan Juni Samodra, Tiara
- Empowering Elderly Through Productive Elderly Exercise Program and Creative Industry Training Based On Local Wisdom in Kenagarian Sariak, Sungai Pua District, Agam Regency** 1591-1600
Sonya Nelson, Arif Fadli Muchlis, Dessi Novita Sari
- Educational Interactive Video Content as a Media Contemporary Learning for Physical Education Teachers** 1601-1609
Adi S, Tommy Soenyoto, Agus Darmawan, Hermawan Pamot Raharjo, Wahyu Arbanisa, Immanuel Berli Septian, Melinda Nur Aini, Ngatinah
- Basic Diving Training for Community Based Tourism (Pokdarwis) in Pandeglang District** 1610-1617
Arief Nuryadin, Ayu Rahayu, Yogi Andria