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IMPLEMENTATION OF GROUP GUIDANCE SERVICES WITH HOMEROOM TECHNIQUES FOR REDUCTION EGOCENTRIC BEHAVIOR IN STUDENTS CLASS X SMK PGRI 2 DENPASAR ACADEMIC YEAR 2022/2023

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ABSTRACT

This research is a guidance and counseling action research (PTBK) which aims to reduce egocentric behavior in X Marketing class students of SMK PGRI 2 Denpasar in the academic year 2022/2023 through the implementation of group guidance services with homeroom techniquesThis research will be conducted from April to May 2023. The problem in this study is the high behavior of egocentrism in class X Marketing students with the total of students studied as many as 6 students. Based on observations that have been made in class X Marketing SMK PGRI 2 Denpasar in the academic year 2022/2023, it can be seen that high egocentric behavior in students can due to a lack of attention from parents such as divorced parents, children who live with grandmothers or grandfathers and even boarding children. So that this guidance and counseling action research was carried out in two cycles, with the implementation of each cycle consisting of four main activities, namely, action planning, action implementation, observation / evaluation of action, and reflection. From the results of the action research, a percentage score was obtained from before the action was taken, a percentage score of 80.6% was obtained and classified in the high category, after the first cycle of action was 62.5% and a decrease of 22.62%, including in the sufficient category, there was a decrease in students' egocentric behavior but the results were not optimal so that action research was returned to the second cycle and it turned out to have significant results with a percentage score of 43.16% with a percentage decrease of 30.74% and classified in the low category. From the results obtained, it can be concluded that the Application of Group Guidance Services with Homeroom Techniques can reduce Egocentric Behavior in Class X Marketing Students of SMK PGRI 2 Denpasar in the academic year 2022/2023.

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INTRODUCTION

Seeing the development of the times like today can cause changes and progress in various aspects of people's lives and can have a positive and negative developmental impact on human development, especially adolescent students. The impact of this development can cause a variety of problems for adolescent students that can result in shifts or changes in life values that tend to ignore moral values and religious values. Moral values and religious values are very important to be taught in the world of education, especially in the school environment.

School is part of education which is a form of effort that can be made to change behavior in such a way that it becomes the desired behavior and as a place where teaching and learning activities take place, science is taught and developed by students. Through this teaching and learning activity, there is interaction between teachers and students in delivering learning materials to achieve teaching objectives and to recognize and observe changes in character and behavior in students. Changes in student behavior can be observed directly or indirectly, such as the behavior of individual students who always do not notice the situation of friends around them and cause the emergence of egocentric behavior.

It is during adolescence that most students experience changes in behavior because they are entering a transition period from childhood to adolescence so that they have very high egocentric behavior. Egocentric behavior itself is an increase in self-awareness manifested in their belief that others have great concern for themselves and their sense of uniqueness. Shaffer (in Fatu Jannah, 2020) reveals that egocentricity is the thought of seeing the world from one's own point of view without realizing that other people have different points of view. This can make it difficult for students to accept if it is not in accordance with expectations so that students are seeking an escape from unpleasant circumstances by seeking attention and doing negative things.

Based on the reality that exists in grade X students at SMK PGRI 2 Denpasar, every day there are students who have problems that arise because of this egocentric behavior, for example, 1) No sense of concern for others, 2) Never accepting friends' opinions, 3) Do not appreciate the efforts and hard work of others, 3) Always feel victimized, 4) Want to feel cared for, 5) Rebellious and irritable, and 6) Want to feel number one and all their wishes must be followed. According to the guidance teacher or homeroom teacher at this school, this egocentric behavior occurred due to a lack of attention from parents such as, divorced parents, children living with grandmothers or grandfathers and even some boarding houses. This has been handled by the BK teacher at school using individual guidance services and has made some students show changes in their behavior to respect each other, care about friends, and accept other people's opinions.

This situation certainly cannot be tolerated by students because it can lead to negative student behavior in the educational world. Therefore, efforts need to be made in order to reduce students' egocentric behavior by providing group guidance services to students. Group guidance is given to students to discuss general problems or topics broadly and in depth that are beneficial to group members. In group guidance services there are several techniques used, one of which is the homeroom technique. According to Pietronfesa (in Romlah, 2006) suggests that homeroom is a technique for holding meetings with a group of students outside of the lecture in a family atmosphere, such as a free and pleasant home atmosphere. A free atmosphere without pressure allows students to release feelings and express opinions that are impossible to express in formal gatherings.

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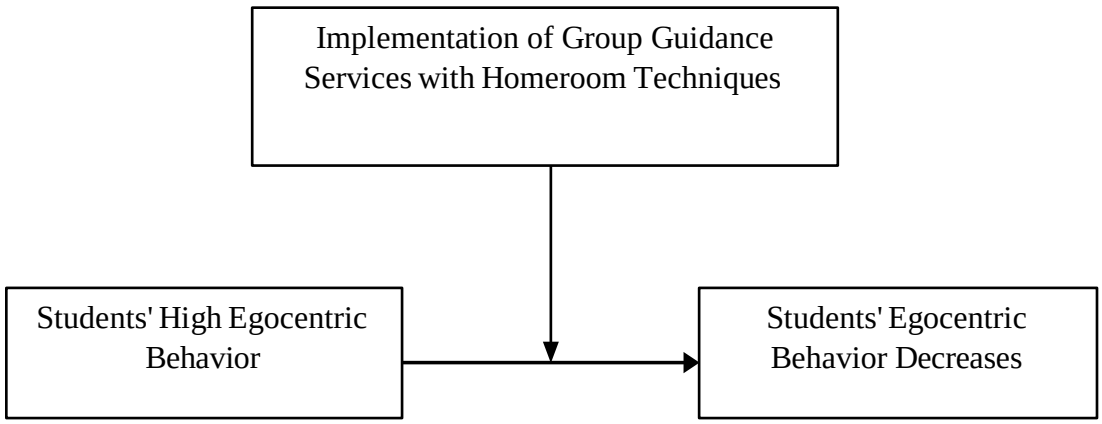
Group guidance service activities with homeroom techniques can be carried out to reduce egocentric behavior through a family atmosphere from various activities such as a free and pleasant home atmosphere, everything done in the group can be discussed and agreed upon together to create a warm and comfortable atmosphere so that students can interact socially, feel safe and are expected to express problems that occur in themselves and the environment Social. This is done in order to improve the nature and behavior of students, train sensitivity, perception, way of thinking, beliefs, so that students can control their egocentric behavior in a positive direction and they will be successful in displaying their social behavior.

In these problems, the researchers are very interested in conducting structured research by applying different services and the total of students to be studied is 6 students who have high egocentric behavior with the aim of understanding student character more deeply and fostering an attitude of caring for others, appreciating, and respecting others, one of which is by conducting research in the form of "Application of Group Guidance Services with Homeroom Techniques to Reduce Egocentric Behavior in Class X Students of SMK PGRI 2 Denpasar in academic Year 2022/2023".

METHOD

The approach technique used in this research is counseling guidance action research or called PTBK. This research approach is used to reduce egocentric behavior in students by applying group guidance services with homeroom techniques. This action is implemented in two cycles that follow steps such as: Action planning, Action implementation, Action observation/evaluation, and Action reflection. This research was conducted at SMK PGRI 2 Denpasar in 2022/2023 academic year and used the X-Marketing class with a research subject of 6 students who had high egocentric behavior. In this study there is a research design carried out in two cycles to be able to reduce egocentric behavior in students, which will be described as follows.



RESULT AND DISCUSSIONS

RESULTS

This research was conducted for one month starting from April 2023 to May 2023 and the research subjects were students of class X - Marketing SMK PGRI 2 Denpasar with a total of 40 students and focused on students who had egocentric behavior problems as many as 6 people. The implementation of phase I was in April 2023 and phase II was carried out in May 2023. In each stage, time is used 2 times a week so that group guidance can be carried out 4 times a month.

a. CYCLE I

The results of data analysis on the initial observation and after the process of providing assistance of group guidance services with homeroom techniques state that there is a need to improve the implementation of guidance to be more optimal. The evaluation conducted by researchers on students was carried out after

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handling group guidance with homeroom techniques. This evaluation was carried out to determine the results of the first cycle of action. The results of student evaluations after being given cycle I action will be described below.

Evaluation Results of Egocentric Behavior of Marketing Class X Students SMK PGRI 2 Denpasar Academic Year 2022/2023 After Cycle I Action

No	Initials Name	Initial Data		Cycle Result I			Decrease (%)
		Score	Percentage	Score	Percentage	Category	
1	M F S	73	73%	55	55%	sufficient	2,73%
2	R S	77	77%	58	58%	sufficient	3,89%
3	I G A R	79	79%	60	60%	sufficient	5,06%
4	I K A P	83	83%	65	65%	sufficient	6,02%
5	R E	87	87%	70	70%	sufficient	4,59%
6	D H C B	85	85%	67	67%	sufficient	5,88%
Total		**484**	**484%**	**375**	**375%**		**135,76%**
Average		**80,6**	**80,6%**	**62,5**	**62,5%**	**sufficient**	**22,62%**

The percentage of egocentric behavior score of class X-Marketing students of SMK PGRI 2 Denpasar is calculated by the formula:

$$P = \frac{X}{SMI} \times 100\%$$

1	MFS	$P = \frac{55}{100} \times 100\% = 55\%$
2	RS	$P = \frac{58}{100} \times 100\% = 58\%$
3	IGAR	$P = \frac{60}{100} \times 100\% = 60\%$
4	IKAP	$P = \frac{65}{100} \times 100\% = 65\%$
5	RE	$P = \frac{70}{100} \times 100\% = 70\%$
6	DHCB	$P = \frac{67}{100} \times 100\% = 67\%$

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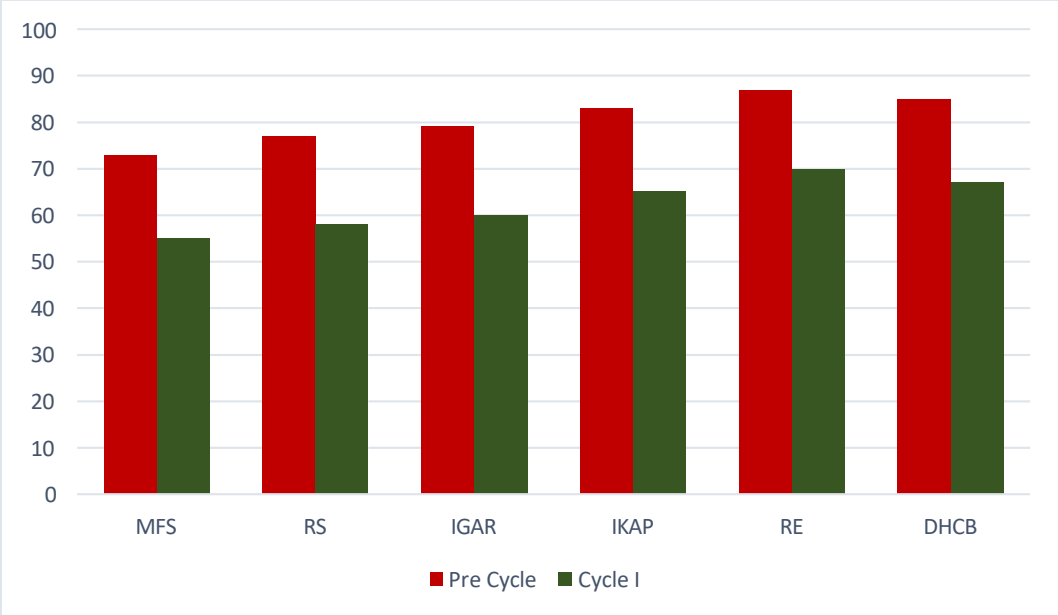
The percentage of Egocentric Behavior Score Decrease of Class X-Marketing Students of SMK PGRI 2 Denpasar is calculated by the formula:

$$P = \frac{Base\ Rate - Post\ Rate}{Base\ Rate} \times 100\%$$

1	MFS	$P = \frac{73 - 55}{73} \times 100\% = 24{,}65\%$
2	RS	$P = \frac{77 - 58}{77} \times 100\% = 24{,}67\%$
3	IGAR	$P = \frac{79 - 60}{79} \times 100\% = 24{,}05\%$
4	IKAP	$P = \frac{83 - 65}{83} \times 100\% = 21{,}68\%$
5	RE	$P = \frac{87 - 70}{87} \times 100\% = 19{,}54\%$
6	DHCB	$P = \frac{85 - 67}{85} \times 100\% = 21{,}17\%$

Based on the data analysis above, it can be presented in the form of a graph as below:
Level of egocentric behavior in class X students
SMK PGRI 2 Denpasar Academic Year 2022/2023
After Cycle I Action



Based on the graph of the decline in egocentric behavior achieved by students of class X-Marketing SMK PGRI 2 Denpasar for the 2022/2023 academic year, after the first cycle action was carried out, it still did not show optimal results. This can be seen in the percentage decrease in students' egocentric behavior in groups before the first cycle action by 80.6% and experiencing a decrease in students' egocentric behavior by 22.62% to 62.5% and is included in the category of sufficient egocentric behavior. Furthermore, group guidance activities with students were carried out again because there were still shortcomings in the results of cycle I, from the results of the study students were still quite often

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selfish, did not care about friends, did not accept input from friends, felt subordinated, rebellious, and easily offended. So, revisions or improvements will be made in cycle II and the actions taken in cycle II are the same as the actions taken in cycle I, with reference to the shortcomings that make the results of cycle I actions not optimal.

b. CYCLE II

The implementation of the second cycle of action will be carried out in the first week of May 2023 and held in the small wantilan of SMK PGRI 2 Denpasar. The implementation of the second cycle of action is a refinement of the first cycle. The concern is to activate all students in the group to further increase their participation in discussing problems related to egocentric behavior. The magnitude of the contribution of group guidance with homeroom techniques to egocentric behavior in class X-Marketing students of SMK PGRI 2 Denpasar in the 2022/2023 academic year is contained in the table below and analyzed using the following formula.

The percentage of egocentric behavior score of class X-Marketing students of SMK PGRI 2 Denpasar is calculated by the formula:

$$P = \frac{X}{SMI} \times 100\%$$

1	MFS	$P = \frac{37}{100} \times 100\% = 37\%$
2	RS	$P = \frac{39}{100} \times 100\% = 39\%$
3	IGAR	$P = \frac{41}{100} \times 100\% = 41\%$
4	IKAP	$P = \frac{43}{100} \times 100\% = 43\%$
5	RE	$P = \frac{51}{100} \times 100\% = 51\%$
6	DHCB	$P = \frac{48}{100} \times 100\% = 48\%$

The decrease in the percentage of egocentric behavior scores in students of class X-Marketing SMK PGRI 2 Denpasar for the 2022/2023 academic year is calculated by the formula :

$$P = \frac{Base\ Rate - Post\ Rate}{Base\ Rate} \times 100\%$$

1	MFS	$P = \frac{55 - 37}{55} \times 100\% = 32{,}72\%$
2	RS	$P = \frac{58 - 39}{58} \times 100\% = 32{,}75\%$
3	IGAR	$P = \frac{60 - 41}{60} \times 100\% = 31{,}66\%$
4	IKAP	$P = \frac{65 - 43}{65} \times 100\% = 33{,}84\%$
5	RE	$P = \frac{70 - 51}{70} \times 100\% = 27{,}14\%$
6	DHCB	$P = \frac{67 - 48}{67} \times 100\% = 28{,}35\%$

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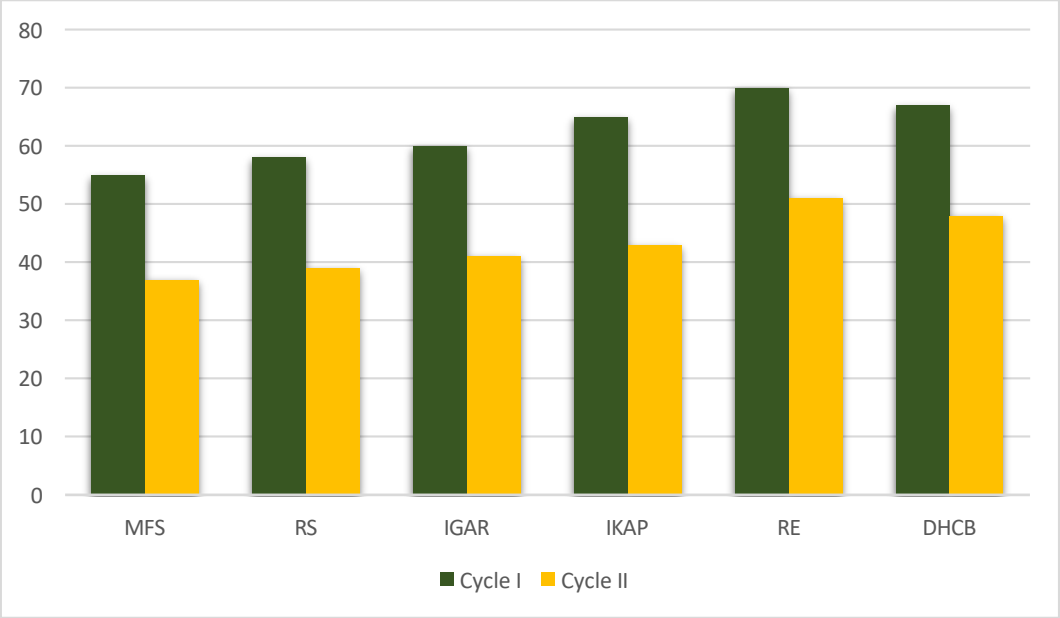
Results of Evaluation of Egocentric Behavior in Students Class X-Marketing SMK PGRI 2 Denpasar Academic Year 2022/2023 After Action Cycle II

No	Initial Name	Cycle Result I			Cycle Result II			Decrease (%)
		Score	%	Category	Score	%	Category	
1	M F S	55	55%	Sufficient	37	37%	Low	32,72%
2	R S	58	58%	Sufficient	39	39%	Low	32,75%
3	I G A R	60	60%	Sufficient	41	41%	Low	31,66%
4	I K A P	65	65%	Sufficient	43	43%	Low	33,84%
5	R E	70	70%	Sufficient	51	51%	Low	27,14%
6	D H C B	67	67%	Sufficient	48	48%	Low	28,35%
Total		**375**	**375%**	Sufficient	**259**	**259%**	Low	**186,46%**
Average		**62,5**	**62,5%**		**43,16**	**43,16%**		**30,74%**

Based on the data analysis above, it can be presented in the form of a graphic as below:

Level of egocentric behavior in X-marketing class students SMK PGRI 2 Denpasar Academic Year 2022/2023 After Cycle II Actions



Based on the action graphic in cycle II, it has shown clearly that the application of group guidance services with homeroom techniques can reduce egocentric behavior in class X Marketing students of SMK PGRI 2 Denpasar in the 2022/2023 school year. This can be seen from the egocentric behavior that is experienced by students which is based on a decrease in scores from before being given action to after the implementation of cycle II action.

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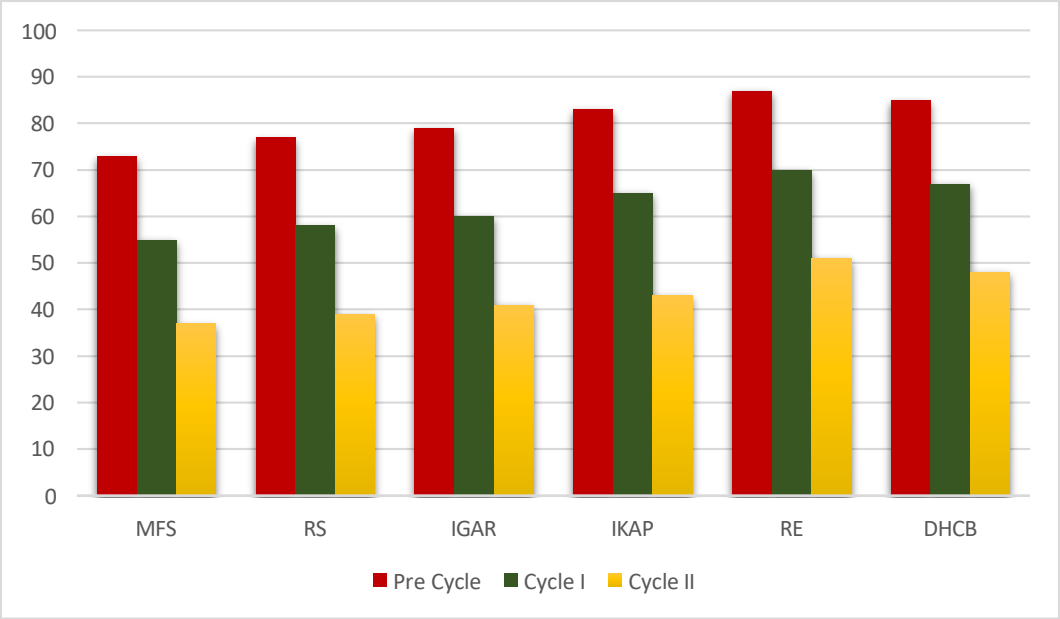
In general, the results of actions in cycle I and cycle II in the application of group guidance services with homeroom techniques to reduce egocentric behavior in class X Marketing students of SMK PGRI 2 Denpasar in the 2022/2023 academic year can be seen from the table below.

Recapitulation of the decline in egocentric behavior in X-Marketing class students SMK PGRI 2 Denpasar Academic Year 2022/2023 After Action Cycle I and Cycle II

No	Initial Name	Egocentric Behavior					
		Pre Cycle	After Cycle I	Decrease (%)	After Cycle II	Decrease (%)	Description
1	M F S	73	55	24,65%	37	32,72%	Decreased
2	R S	77	58	24,67%	39	32,75%	Decreased
3	I G A R	79	60	24,05%	41	31,66%	Decreased
4	I K A P	83	65	21,68%	43	33,84%	Decreased
5	R E	87	70	19,54%	51	27,14%	Decreased
6	D H C B	85	67	21,17%	48	28,35%	Decreased
Total		**484**	**375**	**135,76%**	**259**	**186,46%**	
Average		**80,6%**	**62,5%**	**22,62%**	**43,16**	**30,74%**	

When considered in the form of a graphic, the decrease that occurred before the Pre-Cycle, Cycle I, and Cycle II actions can be seen in the graphic below:

The level of egocentric behavior in X-marketing class students SMK PGRI 2 Denpasar Year 2022/2023 After the action of cycle I and cycle II



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Melihat perbandingan hasil dari siklus I dan siklus II yang signifikan terlihat di dalam penurunan skor dengan persentase skor dari sebelum tindakan dilakukan sebesar 80,6%, setelah diberikan tindakan siklus I sebesar 62,5% dan perolehan penurunan sebesar 22,62% serta setelah pelaksanaan tindakan siklus II dilakukan perolehan persentase skor sebesar 43,16% dengan persentase penurunan sebesar 30,74% maka, dapat dikatakan bahwa penerapan layanan bimbingan kelompok dengan teknik *homeroom* dapat mereduksi perilaku egosentris pada siswa kelas X-Pemasaran SMK PGRI 2 Denpasar Tahun Pelajaran 2022/2023.

DISCUSSION

Based on the results of the implementation of actions from initial observations, cycle I to cycle II, it can be stated that every action taken can run well and smoothly according to plan. The deficiencies in cycle I have been corrected in cycle II and get significant results. In initial observations made by researchers, six students were found to have high egocentric behavior. The results of initial observations turned out to be true to have high egocentric behavior. If the problems faced by students are left alone without serious handling from the school, it will have an impact on students' social lives and will even affect student learning outcomes. So, researchers provided action in the form of group guidance services with homeroom techniques to the six students. After being given cycle I action to the six students, there was a decrease in students' egocentric behavior from before cycle I action of 80.6% and a decrease in students' egocentric behavior by 22.62% to 62.5% and classified as sufficient. Then, after being given action in cycle II to the six students, it turned out that there was a significant decrease in students' egocentric behavior after being given cycle I action of 62.5% and experiencing a decrease in egocentric behavior in cycle II by 30.74% to 43.16% and classified as low egocentric behavior. This indicates a decrease and a better change from cycle I even better than before the action was given. Therefore, it can be concluded from the results of observations and evaluations made during the two cycles, it can be seen that the implementation of group guidance services with homeroom techniques can reduce egocentric behavior in class X-Marketing students of SMK PGRI 2 Denpasar in the academic year 2022/2023.

CONCLUSION

According to the results of the percentage decrease in egocentric behavior of students in class X-Marketing SMK PGRI 2 Denpasar in the 2022/2023 academic year, it can be obtained a decrease in scores with a percentage score from before the action was taken of 80.6%, after being given the first cycle action of 62.5% and decreased by 22.62% and after the implementation of the second cycle action, a percentage score of 43.16% was obtained with a percentage decrease of 30.74%. Therefore, it can be said that the implementation of group guidance services with homeroom techniques can reduce egocentric behavior in class X-Marketing students of SMK PGRI 2 Denpasar in the academic year 2022/2023.

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